



THE HEALING TRUST

HEALING SINCE 1954

THE HEALING TRUST

GUIDANCE FOR HEALERS AT CENTRES

A successful Centre will ensure that the Reception area is welcoming for those seeking healing.

Clients are the most important people in reception. Welcome them by name, if possible, and involve them in some general way in any conversation that is taking place.

Be sure not to verbally refer to other clients in any way at all, however positively, as people waiting could assume that they also could be spoken of in public. There is a balance to be achieved between quiet chat and a group of healers talking themselves in an inclusive manner.

Professional behaviour at all times is reassuring for clients to see. Hugging must be with prior permission only, and not in front of new clients who may be uncomfortable with it and assume that it is normal practice. Suitable clothing for kneeling and reaching whilst working is required: avoid exposed skin, perfumes and strong deodorants are to be avoided, and ensure you have very clean hands and fresh breath.

Student healers will be mentored by one or more Healer Members of the Centre and will work 'in tandem' with a Healer Member until such time as it is thought acceptable for them to work alone.

First time clients will be greeted by the receptionist, or other person filling that role. Most Centres run an appointment system, so the client will be checked against the diary, and then offered a seat to wait. Copies of the current Spiritus magazine, or a helpful leaflet can be made available.

Some Centre Receptionists will ask clients to complete a Record Card with name, address and other information. Usually the Healer will later complete the health condition information to avoid having this discussed in public, or complete the entire card at the start of the healing session. Record Cards must be kept totally confidential with written sides facing **away** from waiting clients/visitors and never left without supervision. Observe what is usual in the Centre. All Record Cards must be kept in a secure place at all times.

Clients often ask for a particular Healer, which may cause challenges in managing the appointments. Observe what the usual system is in the Centre. There are some specific cases where the Centre leader may arrange specific sessions, but usually, it works well if a client sees a variety of Healers.

Healers in Centres must follow the chakra-based hand sequence taught to students in training. This applies to both Chair and Couch healing. If a student finds that this is not being done, ask the Centre Chair/Leader to ensure that this is corrected, as otherwise it can cause confusion.